

Q12 (2013)



Promoted for and on behalf of Cycling Time Trials under their rules and regulations



- Key
- Start to Brenzett
 - Brenzett - Appledore - Rye - Brookland - Camber - Brenzett
 - Brenzett - Appledore - Rye - Brookland - Brenzett
 - Brenzett - Hamstreet - Snave Fork - Ivy Church
 - Ivy Church - St Mary in the Marsh - New Church
 - Ivy Church - Brenzett - Ham Street - Magpie Hall X Roads - Stubbs Cross - Coldblow - Sugar Loaf

KENT CYCLING ASSOCIATION

President Pat Hill

OPEN 12 HOUR TIME TRIAL

For Bicycles and Tricycles

Incorporating the

Kent and Surrey/Sussex VTTA Group Championships

Sunday 1st September 2013

START SHEET



Course	Inter Dist	Cum Dist
Turn Left to continue to Sugarloaf cross roads where turn Left to start of finishing circuit	2.853	215.367
Continue end of second circuit	9.133	224.500
Continue end of third circuit	9.133	233.633
Continue end of fourth circuit	9.133	242.766
Continue end of fifth circuit	9.133	251.899
Continue end of sixth circuit	9.133	261.032
Continue end of seventh circuit	9.133	270.165
Continue end of eighth circuit	9.133	279.298

ALTERNATIVE FINISHING CIRCUIT

Continue through Sugarloaf, Bromley Green to Magpie Hall Lane crossroads turn left through Stubbs Cross	3.016	209.25
to 'T' junction with A28 at New Street Farm	2.396	211.646
Turn left (care) to join the finishing circuit at Gable Hook Farm, junction of Bethersden Road to Shadoxhurst	1.428	213.074

START OF FINISHING CIRCUIT

Continue on A28 to Brissenden Oak	0.808	213.882
Left to Great Engeham cross roads	1.278	215.16
Straight on to Shireoak cross roads	1.174	216.334
Left to 'T' junction with Shadoxhurst Road	0.518	216.852
Left via Shadoxhurst Road, Woodchurch Road and Tally Ho Road to Stubbs Cross	3.267	220.119
Left into Magpie Hall Lane to New Street Farm A28 'T' junction	1.446	221.565
Left on A28 to complete one finishing circuit at Gable Hook Farm	1.429	222.994
Continue end of second circuit	9.92	232.914
Continue end of third circuit	9.92	242.834
Continue end of fourth circuit	9.92	252.754
Continue end of fifth circuit	9.92	262.674
Continue end of sixth circuit	9.92	272.594

Event Secretary:

Esther Carpenter,
10 Maplehurst Road,
Baldslow,
St.Leonards-on-sea,
East Sussex, TN37 7NA
☎(01424) 751581
Mobile: ☎ 07929 797386

Timekeepers:

Paul Mepham
Pat & Ted Hill
Peter Baker & Bill Brown
Mick Kilby
Ernie Mackey
Peter Stone

Timekeeper and Course Controller

Clin Maisey

Roving Marshal:

Tim Carpenter
Mobile: ☎ 07542 107927

Event H.Q. - Bethersden Village Hall. There are toilet facilities and ample parking.

PLEASE BE QUIET AT THE HALL IN THE MORNING

SIGNING ON SHEET, AND BODY NUMBERS WILL BE AT EVENT H.Q.

It is a legal requirement (Road Vehicles Lighting Regulations 1989) to use appropriately fitted pedal reflectors and also a rear reflector (which may be incorporated into a rear light) as well as front and rear lights when riding in the hours of darkness (between sunset and sunrise). The onus is upon the rider to obey the law.

C.T.T. will supply a reflective ankle band for your use during the event. Please return this to the organiser once you have finished your ride. Please note that this is supplied as a safety aid only. It is not supplied as a substitute for pedal reflectors or a rear reflector.



Please note that C.T.T. Regulation 16 states that the number shall be centrally positioned below the waist so as to be clearly visible from the rear when in his normal riding position.

Please note that any rider whose number is not positioned correctly will not be allowed to start.

Notes

RIDERS

It is a legal requirement (Road Vehicles Lighting Regulations 1989) to use appropriately fitted pedal reflectors and also a rear reflector (which may be incorporated into a rear light) as well as front and rear lights when riding in the dark (ie between sunrise and sunset). The onus is upon the rider to obey the law.

Riders will be expected to fit appropriate front and rear lights.

CTT will supply a reflective ankle band for your use during the event. Please return this to the organiser once you have finished your ride. Please note that this is supplied as a safety aid only. It is not supplied as a substitute for pedal reflectors or a rear reflector.

Please note that **C.T.T. Regulation 16** states that the number shall be centrally positioned below the waist so as to be clearly visible from the rear when in his normal riding position. Position number as shown Please note that any rider whose number is not positioned correctly will not be allowed to start.



You must observe **C.T.T. Regulation No 21**.

Forms are enclosed so that you can register your support vehicle. The K.C.A. Committee will disqualify any rider guilty of infringing **C.T.T. Regulation No 22**. Attention is drawn specifically to paragraph (c) which states:

Where vehicles are to be authorised a full description of the vehicle and registration number shall be given to the event promoter prior to the start of the competitor. A competitor shall not be overtaken by his support vehicle more frequently than once every 10 miles. Where possible the vehicle must be driven at normal traffic speed and must not follow the competitor, nor impede or annoy other competitors. Any competitor whose authorised vehicle impedes or causes annoyance to any other competitor shall be liable to disqualification from the event.

Where any other vehicle precedes or follows for any length of time, or frequently passes a competitor, that vehicle shall be deemed to be associated with that competitor who shall be liable to disqualification from the event.

Please read this and ensure that your driver understands the restrictions of this regulation.

Support Vehicles on the circuit should take extreme care to avoid obstructing riders as there are sections of the circuit that are very narrow. No individual helpers are to park or

Course

	Inter Dist	Cum Dist
Take first left on end of village to Poplar Farm junction	2.905	167.673
left to Ivychurch (end of Ivychurch circuit)	0.566	168.239
IVYCHURCH CIRCUIT (2)		
and onto the next left direction St. Mary in the Marsh.	1.127	169.366
Take right turn prior to St Mary in the Marsh to join St. Mary's Road at 'T' junction where left to Turngates Bridge (Trelor)	3.121	172.487
Follow lane to Newchurch (care on bend).	2.448	174.935
Take first left on end of village to Poplar Farm junction	2.905	177.84
left to Ivychurch (end of Ivychurch circuit)	0.566	178.406
IVYCHURCH CIRCUIT (3)		
and onto the next left direction St. Mary in the Marsh.	1.127	179.533
Take right turn prior to St Mary in the Marsh to join St. Mary's Road at 'T' junction where left to Turngates Bridge (Trelor)	3.121	182.654
Follow lane to Newchurch (care on bend).	2.448	185.102
Take first left on end of village to Poplar Farm junction	2.905	188.007
left to Ivychurch (end of Ivychurch circuit)	0.566	188.573
IVYCHURCH CIRCUIT (4)		
and onto the next left direction St. Mary in the Marsh.	1.127	189.700
Take right turn prior to St Mary in the Marsh to join St. Mary's Road at 'T' junction where left to Turngates Bridge (Trelor)	3.121	192.821
Follow lane to Newchurch (care on bend).	2.448	195.269
Take first left on end of village to Poplar Farm junction	2.905	198.174
left to Ivychurch (end of Ivychurch circuit)	0.566	198.740
Turn Right (CARE) past Brenzett Air Museum and Left to Brenzett RAB (Little Chef)	1.525	200.265
where circle and retrace along A2070 to top of Ham Street Hill	5.005	205.315
where left to 'T' junction with B2067 (Ham Street Road)	0.111	205.426
Turn Right (CARE) to Sugarloaf Cross Roads	0.808	206.234
FINISHING CIRCUIT		
Continue through Sugarloaf, Bromley Green to Magpie Hall Lane crossroads turn left through Stubbs Cross	3.016	209.250
Turn Left through Shadoxhurst to Coldblow Junction where	3.264	212.514

Course	Inter Dist	Cum Dist
junction with the A268 Rye	5.754	105.227
Onto the mini RAB A259	0.145	105.372
Take left on A259 through East Guldeford to Brookland RAB	6.333	111.705
continue straight on to Brenzett RAB (Little Chef)	1.298	113.003
RYE CIRCUIT (2)		
Take 1st exit on B2080 through Brenzett mini RAB, Snargate, Appledore Station level crossing, over Appledore Bridge Royal Military Canal, and immediately left to	3.967	116.97
junction with the A268 Rye	5.754	122.724
Onto the mini RAB A259	0.145	122.869
Take left on A259 through East Guldeford to Brookland RAB	6.333	129.202
continue straight on to Brenzett RAB (Little Chef)	1.298	130.5
RYE CIRCUIT (3)		
Take 1st exit on B2080 through Brenzett mini RAB, Snargate, Appledore Station level crossing, over Appledore Bridge Royal Military Canal, and immediately left to	3.967	134.467
junction with the A268 Rye	5.754	140.221
Onto the mini RAB A259	0.145	140.366
Take left on A259 through East Guldeford to Brookland RAB	6.333	146.699
continue straight on to Brenzett RAB (Little Chef)	1.298	147.997
At completion of circuit take 2nd exit onto A2070 and continue to top of Ham Street Hill	5.050	153.047
left to 'T' junction where turn left onto B2067.	0.111	153.158
Continue through Ham Street village (Care) to join A2070 at Johnson's Corner	1.793	154.951
where turn left to Snave Fork (signposted Ivychurch)	1.641	156.592
where left through Poplar Farm 'T' junction to (start of Ivychurch circuit) Ivychurch	1.480	158.072
IVYCHURCH CIRCUIT (1)		
and onto the next left direction St. Mary in the Marsh.	1.127	159.199
Take right turn prior to St Mary in the Marsh to join St. Mary's Road at 'T' junction where left to Turn gates Bridge (Trelor)	3.121	162.32
Follow lane to Newchurch (care on bend).	2.448	164.768

operate within 300 yards of any circuit timekeeper.

When you finish make sure your helpers do not obscure the Timekeeper's view or impede other riders. Please note that NO Riders or Vehicles are to stop at the Timekeepers, but they must continue to a safe and convenient stopping point.

Please ensure you are conversant with **C.T.T. Regulation 25**.

In the interests of your own safety, the C.T.T. and the event promoters strongly advise the use of a hard shell helmet that meets an internationally accepted safety standard.

The K.C.A committee recommend All riders carry LED rear lights.

You should note that there will not be marshals at every junction, but it is intended to place arrows around the course. However, You are responsible for ensuring that you follow the course correctly. Take Extra CARE at the RIGHT TURNS.

To reach the start from the H.Q. turn right from Bethersden Village Hall toward the A28 and then left on the A28 toward Ashford. Kiln Lane is the first turning on the left.

Riders should be aware that they risk disqualification for obstructing other riders at the start or on the finishing circuit or using these areas as a public toilet. Toilet facilities are available at the Event H.Q.

A result board will be at the event H.Q. which will show provisional distances. Do not bother the Timekeepers. Information regarding non finishers will be welcomed.

The K.C.A. wishes all competitors a safe and enjoyable ride.

CUT OUT LEGS

Slower riders will omit Circuits where necessary. Helpers should ensure that they ascertain from marshals where their riders are if in any doubt.

Brookland - East Guldeford - Camber - Brenzett element of the course will close around 10:30 a.m. depending on the rider's progress

Brenzett - Appledore - Rye - Brookland - Brenzett will close at 1:30 p.m.

The Ivychurch - St Mary's - Newchurch - Ivychurch circuit will close at Ivychurch at 3.30 p.m.

FEEDING ARRANGEMENTS

There will be no feed during the event. Riders may hand in their own food and bottles, labelled with their name, and it will be taken to Brookland round-a-bout, and then moved to Ivychurch during the event. Please make sure that you leave clearly marked containers at the vehicle with the Feeding Sign at the Event HQ.

MARSHALS

Indicate the direction to be followed in a positive manner but Do Not Hold Up The Traffic.

Please wear a marshal's jacket. There will be jackets at the event H.Q. at Bethersden Village Hall. If you borrow a jacket please either hand it to your relief or return it to the hall. Please return marshal's check sheets to the Event Organizer or the Roving Marshal.

TIMEKEEPERS

Timekeepers should report to Kings Head, Shadoxhurst at 2.30 p.m. to synchronise watches and be allocated Time Keeper stations.

MESSAGE

We are lucky that Jackie has brought her massage table to the 12 Hour for several years and she'll be there again this year. It's a popular feature of the event and we'd like to suggest that you donate a minimum of £5 to her to cover the cost of her oils, etc.

REFRESHMENTS

Light refreshments will be available at the hall from 5.30p.m. onwards.

WEB SITE

You can keep up to date with the latest news and provisional result at www.kca12hour.org.uk

Course

	Inter Dist	Cum Dist
Take A2070 south over Bridgefield RAB to	1.270	13.958
Continue on A.2070 to Brenzett RAB (Little Chef) junction of A259/A2070/B2080	8.906	22.864
RYE AND CAMBER CIRCUIT (1)		
Take 3rd exit on B2080 through Brenzett mini RAB, Snargate, Appledore Station level crossing, over Appledore Bridge Royal Military Canal, and immediately left to Military Road	3.967	26.831
to junction with the A268 Rye	5.754	32.585
Onto the mini RAB A259	0.145	32.730
Take left on A259 through East Guldeford to Brookland RAB where turn	6.333	39.063
and retrace to East Guldeford where	5.356	44.419
turn left on Camber Road. Follow through Camber (watch pedestrian lights) to Lydd by pass, straight on over small RAB to join B2075 at T junction at north end of town turn Right (CARE), continue on B2075 to Hammonds Corner A259 Junction.	11.484	55.903
Left on A259 to Brenzett RAB (Little Chef)	3.282	59.185
RYE AND CAMBER CIRCUIT (2)		
Take 2nd exit on B2080 through Brenzett mini RAB, Snargate, Appledore Station level crossing, over Appledore Bridge Royal Military Canal, and immediately left	3.967	63.152
to junction with the A268 Rye	5.754	68.906
Onto the mini RAB A259	0.145	69.051
Take left on A259 through East Guldeford to Brookland RAB where turn	6.333	75.384
and retrace to East Guldeford where	5.356	80.740
turn left on Camber Road. Follow through Camber (watch pedestrian lights) to Lydd by pass, straight on over small RAB to join B2075 at T junction at north end of town turn Right (CARE), continue on B2075 to Hammonds Corner A259 Junction.	11.484	92.224
Left on A259 to Brenzett RAB (Little Chef)	3.282	95.506
RYE CIRCUIT (1)		
Take 2nd exit on B2080 through Brenzett mini RAB, Snargate, Appledore Station level crossing, over Appledore Bridge Royal Military Canal, and immediately left to	3.967	99.473

No	Name	Club	VTТА Gp	Best LTS	Start Time
66	Michael Barnes	Aprire Bicycles RT			7.06
67	Rob Pelham	Lewes Wanderers CC			7.07
68	Adrian Blacker	Norwood Paragon CC	V49	Sy/Sx 234.938	7.08
69	Dean Chiddention	Abello-SFA Racing Team		237.840	7.09
70	Lawrence Wintergold	Hounslow & District Wheelers	V49	253.000	7.10
71	Michael Turner	Lewes Wanderers CC	V45	Sy/Sx 236.000	7.11
72	Andy Miles	VC Elan	V44	267.302	7.12

Sponsored Clubs: Ashford Wheelers C.C. - Chaverey; VC Elan - Harry Perry Cycles

COURSE Q12 (2013)

Please also be aware that it may be necessary to amend the course at short notice due to roadworks. An alternative finishing circuit is detailed in the course details. Any changes to the course will be published on the event's web site (www.kca12hour.org.uk)

The KCA committee recommend Riders to carry LED rear lights for use in the wooded areas of the course.

Please take great care when navigating round-a-bouts.

Course	Inter Dist	Cum Dist
Start in Kiln Lane Bethersden at field gate north of the junction with A.28 where left onto A28 .	0.181	0.181
Follow A28 in an easterly direction to Singleton RAB where take first exit. Continue on A28 to (Matalan) Ashford RAB at end of Great Chart By pass – TURN and retrace to Singleton RAB. Take 2nd exit to junction with Magpie Hall Lane at New Street Farm,	4.459	4.640
turn left follow through Stubbs Cross to Magpie Hall cross roads	2.395	8.745
turn left onto Ashford Road. Follow to Park Farm RAB	0.909	9.654
to Kingsnorth 2	0.300	9.954
and straight over to Kingsnorth 3 RAB (Outlet centre)	0.674	10.628
circle and retrace to Kingsnorth 2	0.714	11.342
where left to Orbital RAB circle and retrace to take the slip road to Cloverleaf RAB.	1.346	12.688

AWARDS

K.C.A 12 HOUR CHAMPIONSHIP

Fastest

1st	A J Bathurst Trophy (for one year) Plus Gilt Medal
2nd	Silver Plated Medal
3rd	Bronze Medal

Team

1st Team of Three	The Bray Shield (for one year) Plus Gilt Medals
2nd Team of Three	Silver Plated Medals

Lady

1st	Glad Mills Plaque
2nd	Silver Plated Medal
3rd	Bronze Medal

Veteran on Age Standard

1st	Gilt Medal
2nd	Silver Plated Medal
3rd	Bronze Medal

Greatest improvement on distance in last three years

1st	Gilt Medal
2nd	Silver Plated Medal
3rd	Bronze Medal

All finishers, other than prize winners, will receive a K.C.A. Medal.

V.T.T.A. KENT GROUP CHAMPIONSHIP

1st (on standard)	Gilt VTТА Medal
1st (on actual)	Gilt VTТА Medal
1st Team Two (on standard)	Bronze VTТА Medal

V.T.T.A. SURREY SUSSEX GROUP CHAMPIONSHIP

1st (on standard)	Gilt VTТА Medal
1st Team Three (on standard)	Bronze VTТА Medal

RIDERS

No	Name	Club	VTTA Gp	Best LTS	Start Time
1	Albert Lainson	Thornton RC	V80	156.700	6.01
2	Bob Loader	Sydenham Wheelers CC	V80 Kent	186.700	6.02
3	Granville Bantick	Rye & District Wheelers CC	V79 Kent	172.657	6.03
4	Peter Holland	Lincoln Wheelers	V66	201.910	6.04
5	Louise Laker	Thornton RC	L	188.688	6.05
6	Malcolm Strickland	Thornton RC	V58	171.048	6.06
7	Liz King	Tri Spirit Team	LV47	198.880	6.07
8	Philip Webb	PMR@Toachim House			6.08
9	Samantha Pyrah	Rye & District Wheelers CC	LV44		6.09
10	John Clarey	Gemini BC	V74	216.000	6.10
11	Sally Smith	PMR@Toachim House	L	196.617	6.11
12	Jim Hollands	Rye & District Wheelers CC	V74	195.764	6.12
13	John Laker	Thornton RC	V53	202.922	6.13
14	Tony Holman	Rye & District Wheelers CC	V51	193.148	6.14
15	Patrick Hawkins	Dulwich Paragon	V45		6.15
16	Peter Hayes	Catford CC	V68	200.276	6.16
17	Pip Carey	Rye & District Wheelers CC	V61	198.000	6.17
18	Richard Suthers	Rye & District Wheelers CC	V60		6.18
19	Sharon Calton	West Suffolk Wheelers	LV43		6.19
20	Steve Maxted	Rye & District Wheelers CC	V70	203.681	6.20
21	Stephen Butcher	Hastings & St Leonads CC	V47		6.21
22	Rebecca Wilson	Rye & District Wheelers CC	LV48	194.240	6.22
23	David Bishop	Wigmore CC	V43		6.23
24	Gurpal Panesar	Maidenhead & District CC	V53	199.717	6.24
25	Alan Lloyd	Lewes Wanderers CC	V61 Sy/Sx	231.070	6.25
26	Christine Costiff	Rye & District Wheelers CC	LV51		6.26
27	Mark Toon	Truro CC			6.27
28	Simon Rounding	VC Elan		212.000	6.28
29	Stephen Bishop	Wigmore CC	V45	204.932	6.29
30	Steve Gooch	Rye & District Wheelers CC	V47 Kent		6.30
31	David Bellinger	Medway Velo	V40	214.700	6.31
32	Russ Mason	Thornton RC	V64	205.759	6.32

No	Name	Club	VTTA Gp	Best LTS	Start Time
33	Steve Trudgill	VC Elan	V42	221.000	6.33
34	Trevor Hall	Thornton RC	V52	209.000	6.34
35	Geoff Smith	Eastbourne Rovers CC	V63 Sy/Sx	236.450	6.35
36	Don Houghton	Thornton RC	V43	206.977	6.36
37	Richard Claxton	VC Elan	V69 Kent	215.500	6.37
38	Peter Hooper	Bayeux Cycling Team		216.000	6.38
39	Stephen Ratcliffe	Thornton RC	V40	196.000	6.39
40	Shay Giles	VC Elan	V68	252.000	6.40
41	Rick Perkins	Thanet RC	V46	220.000	6.41
42	Andrew Croft	Rye & District Wheelers CC	V52	220.371	6.42
43	Gary Blunt	OPCC	V49	209.000	6.43
44	Jamie Davies-Evans	Ashford Wheelers CC	V46		6.44
45	Howard Waller	Oxford City RC	V49	255.708	6.45
46	Rory Hopcraft	Abello-SFA Racing Team			6.46
47	Michael Pumphrey	Thornton RC	V53 Kent	246.966	6.47
48	Mark Gidney	De Laune CC	V51 Kent		6.48
49	Ian Hodge	Southborough & District Wheelers	V54		6.49
50	Ishmael Burdeau	Twickenham CC	V45 Sy/Sx	256.000	6.50
51	Nicholas Houslop-Rogers	Southborough & District Wheelers			6.51
52	Chris Martin	Lewes Wanderers CC	V55		6.52
53	Mark Amon	Rye & District Wheelers CC	V48	233.303	6.53
54	Robert Bullyment	Catford CC	V40		6.54
55	Mike Rothwell	Manchester Wheelers CC			6.55
56	Dale Sturman	West Suffolk Wheelers	V46	266.970	6.56
57	James Hughes	Bec CC			6.57
58	Paul Tunnell	Addiscombe CC	V52	224.510	6.58
59	Jason Harris	Twickenham CC	V47 Sy/Sx		6.59
60	Nic Stagg	Hounslow & District Wheelers	V42		7.00
61	Nick Wilson	Rye & District Wheelers CC	V50		7.01
62	Samual Ramsey	Lewes Wanderers CC	V49		7.02
63	Jason Gould	Abello-SFA Racing Team	V45 Kent		7.03
64	Rob Milnes	Thanet RC			7.04
65	Alexander Kirk	Dulwich Paragon	V40		7.05